

## SYNCHRO - Training Times

SQUAD	COACH	DAY	MORNING	AFTERNOON	VENUE
SYNCHRO	Wendy Buitendag	Monday	06:00 - 06:45	14:30 - 16:00	Cambridge Primary School
		Wednesday	06:00 - 06:45	N.A.	
		Thursday	N.A.	14:30 - 16:00	
		Friday	06:00 - 06:45	16:30 - 17:30	